



EXODUS

THE 10 COMMANDMENTS

LENT

EXODUS READINGS

SERMONS

KEY MOMENTS

Week 1

Ch 1-4

#1 - Cries of the Oppressed
#2 - Responding to the Call

Slavery in Egypt
Moses at burning bush

Week 2

Ch 5-10

#3 - God's 10 acts of Salvation

10 plagues confront Pharaoh

Week 3

Ch 11-16

#4 - From Slavery to Freedom

Passover
The Exodus
Crossing the red sea

Week 4

Ch 17-22

#5 - The 10 Commandments

Grumbling in desert
Meeting God at Mt Sinai
10 commandments

Week 5

Ch 23-28

Instructions to build the Tabernacle
Moses on Mt Sinai

Week 6

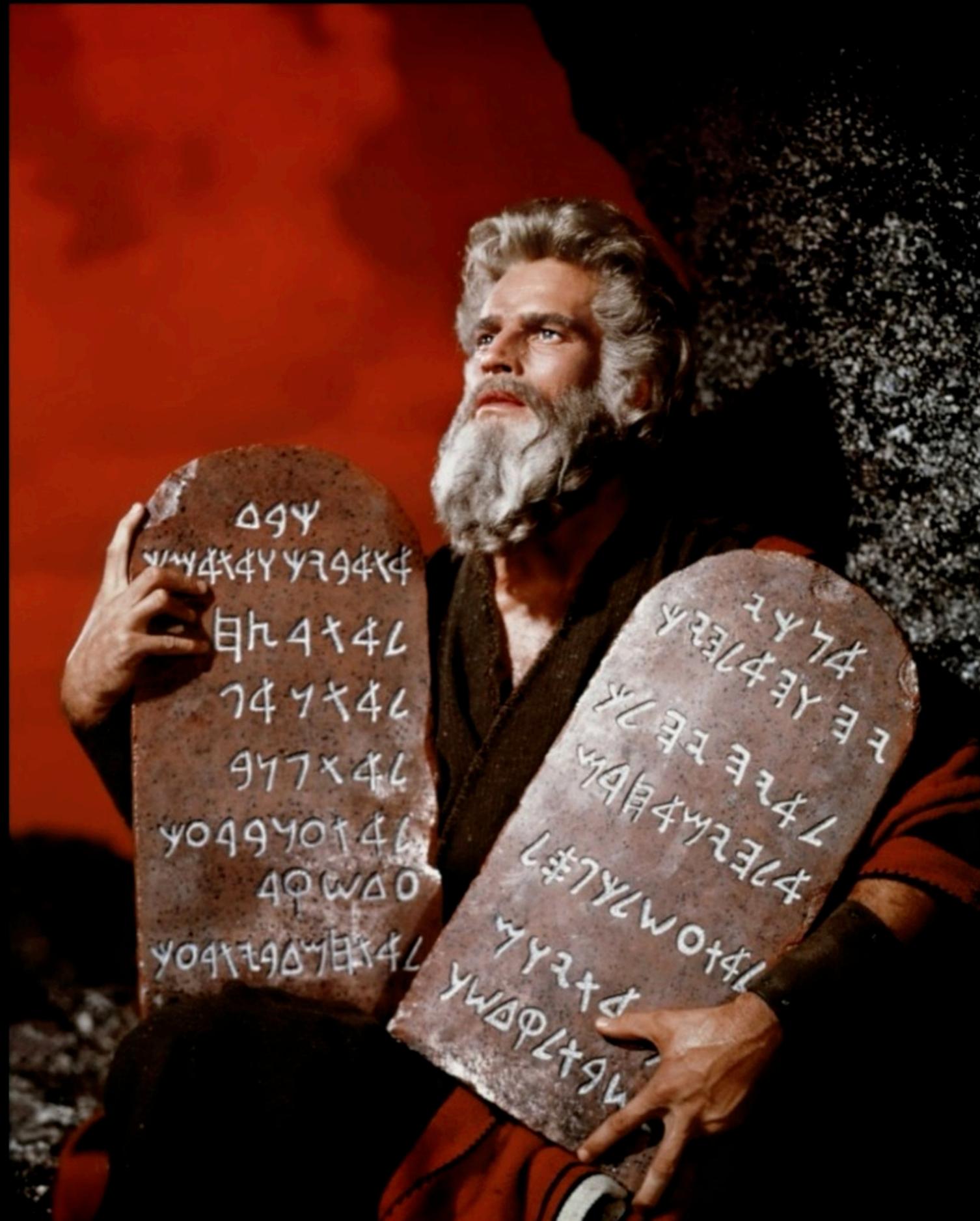
Ch 29-34

The Golden Calf
Rebellion and covenant renewal
Commandments 2.0

Week 7

Ch 25-40

Building the Tabernacle
God's glory fills the Tabernacle



Δ9Ψ
ΨΨΔΧΔΥΨΓ9ΔΧΔ
ΘΗ4Χ4L
ΓΔΥΧ4L
9Υ7Χ4L
Υ099Υ0Γ4L
4ΦWΔ0
Υ09ΧΓ9ΔΥΓΕΧ4L

2Υ7Δ
Ψ23L43Υ33
ΥL333334L
Υ9Η4Υ23L4
L#7ΥLW0Γ4L
ΥΥ2ΓΔ
ΥWΔΦLΓ9L

Exactly two months after the Israelites left Egypt, they arrived in the wilderness of Sinai.² After breaking camp at Rephidim, they came to the wilderness of Sinai and set up camp there at the base of Mount Sinai.³ Then Moses climbed the mountain to appear before God. The LORD called to him from the mountain and said, “Give these instructions to the family of Jacob; announce it to the descendants of Israel:

⁴“You have seen what I did to the Egyptians. You know how I carried you on eagles’ wings and brought you to myself. ⁵ Now if you will obey me and keep my covenant, you will be my own special treasure from among all the peoples on earth; for all the earth belongs to me. ⁶ And you will be my kingdom of priests, my holy nation.’ This is the message you must give to the people of Israel.”

⁷ So Moses returned from the mountain and called together the elders of the people and told them everything the LORD had commanded him.

⁸ And all the people responded together, “We will do everything the LORD has commanded.” So Moses brought the people’s answer back to the LORD.

Then God gave the people all these instructions:

² “I am the LORD your God, who rescued you from the land of Egypt, the place of your slavery.

³ “You must not have any other god but me.

⁴ “You must not make for yourself an idol of any kind or an image of anything in the heavens or on the earth or in the sea.

⁵ You must not bow down to them or worship them, for I, the LORD your God, am a jealous God who will not tolerate your affection for any other gods. I lay the sins of the parents upon their children; the entire family is affected—even children in the third and fourth generations of those who reject me.

Exodus 20:1–17 NLT

⁶ But I lavish unfailing love for a thousand generations on those who love me and obey my commands.

⁷ “You must not misuse the name of the LORD your God. The LORD will not let you go unpunished if you misuse his name.

⁸ “Remember to observe the Sabbath day by keeping it holy. ⁹ You have six days each week for your ordinary work,

¹⁰ but the seventh day is a Sabbath day of rest dedicated to the LORD your God. On that day no one in your household may do any work. This includes you, your sons and daughters, your male and female servants, your livestock, and any foreigners living among you.

¹¹ For in six days the LORD made the heavens, the earth, the sea, and everything in them; but on the seventh day he rested. That is why the LORD blessed the Sabbath day and set it apart as holy.

¹² “Honor your father and mother. Then you will live a long, full life in the land the LORD your God is giving you.

¹³ “You must not murder.

¹⁴ “You must not commit adultery.

¹⁵ “You must not steal.

¹⁶ “You must not testify falsely against your neighbor.

¹⁷ “You must not covet your neighbor’s house. You must not covet your neighbor’s wife, male or female servant, ox or donkey, or anything else that belongs to your neighbor.”

OLD COVENANT: God's Relationship with Israel

HOLY GOD

RELATIONSHIP TERMS

PEOPLE

Mountain

**10 Commandments
Book of the Covenant**

**Israel Obey?
(Moses as mediator)**

“The Ten Commandments are the greatest summary of the moral foundations necessary to build a good and free society. If a society lived by the Ten Commandments, it would be a just and compassionate society.”

Dennis Prager



I. “You must not have any other god but me.”

A moral society - needs a moral authority higher than human beings.

2. “You must not make for yourself an idol of any kind.”

A moral society - needs to reject anything natural as the ultimate authority.

3. “You must not misuse the name of the Lord your God.”

A moral society - needs to avoid justifying evil by invoking God.

4. “Remember to observe the Sabbath day by keeping it holy.”

A moral society - needs a day to rest and value people over productivity

5. “Honor your father and mother.”

A moral society - needs strong families as the foundation of healthy communities.

6. “You must not murder.”

A moral society - needs to protect human life.

7. “You must not commit adultery.”

A moral society - needs stable marriages that raise children with character.

8. “You must not steal.”

A moral society - needs the right to own property free from theft

9. “You must not testify falsely against your neighbour.”

A moral society - needs truthfulness to support justice.

10. “You must not covet ...
anything else that belongs
to your neighbour.”

A moral society - needs citizens of good
character

NEW COVENANT: God's Relationship with all people

HOLY GOD

RELATIONSHIP TERMS

PEOPLE

Mountain

10 Commandments

Israel Obey?

Heavenly
Mountain

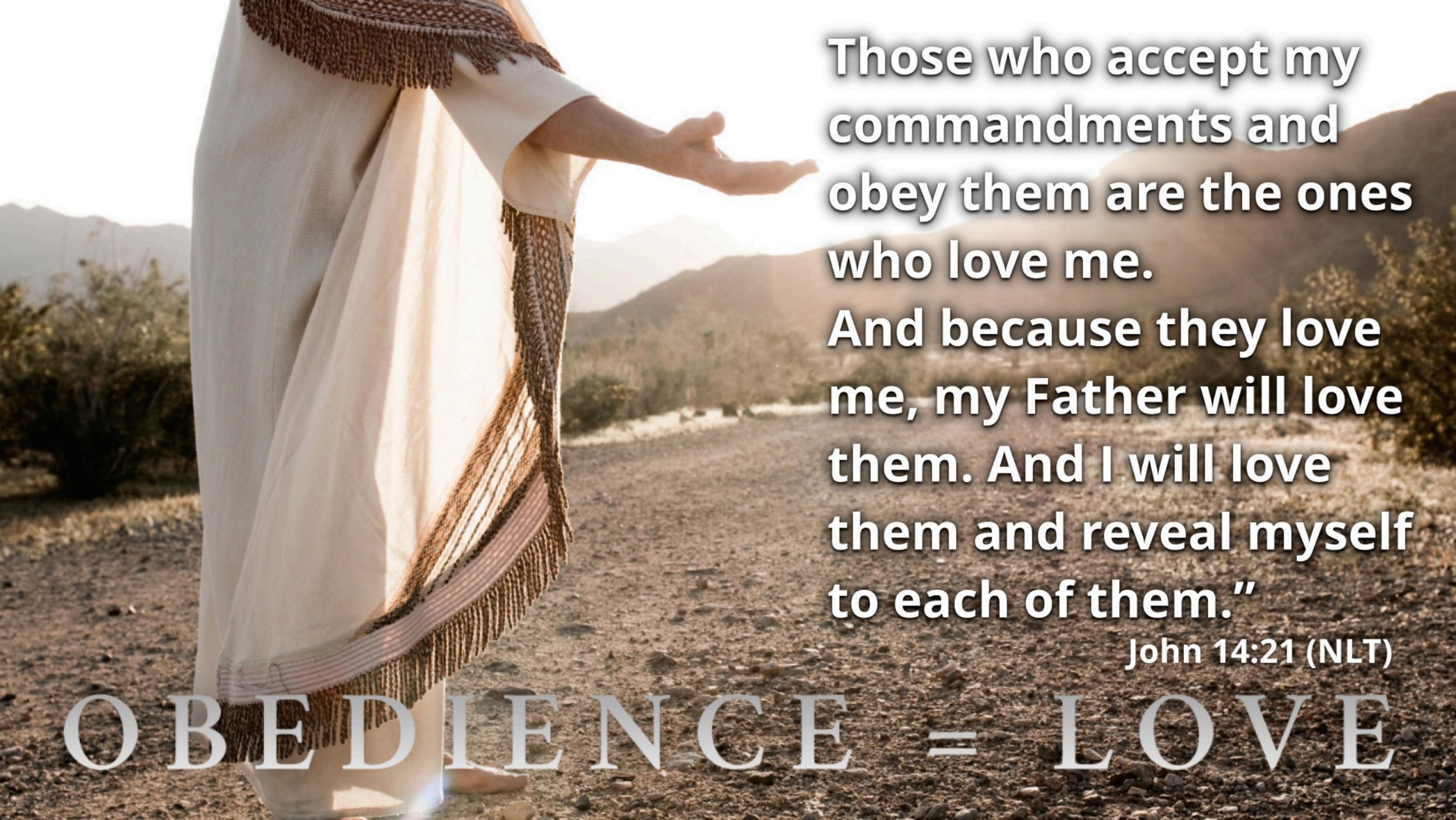
Cross = New Covenant

Humanity Obey?

Better
Access

Better Relationship

Better Moses



Those who accept my
commandments and
obey them are the ones
who love me.

And because they love
me, my Father will love
them. And I will love
them and reveal myself
to each of them.”

John 14:21 (NLT)

O B E D I E N C E = L O V E



= Trust

= Listening

= Discipleship

= Telling others

O B E D I E N C E = L O V E

Will you obey God?

4. “Remember to observe the Sabbath day by keeping it holy.”

Will you put God and people before money and busyness?

Will you obey God?

5. “Honor your father and mother.”

Will you fight for love and respect in your family and reject disunity and estrangement?

Will you obey God?

7. “You must not commit adultery.”

Will follow God’s way of singleness, sex and marriage?

1. Read Exodus 20:1-17. Discuss how each of the 10 commandments is designed to create a moral society as Ps Caleb explained in the sermon.
2. Which commandment could you obey more diligently? Explain your plan to obey it this week?
3. Jesus explains that our obedience flows naturally from our love for Him (John 14:21) and Jesus' final command was to that we teach others to obey his commands (Matt 28:18). Finish by praying around growing in obedience.

DISCUSSION QUESTIONS

40 DAYS OF LENT:

READ the daily chapter

PRAY the daily prayer

FAST the 40 days of Lent

What will you give up for Lent?

40 DAYS OF LENT: READ, PRAY, FAST

<input type="checkbox"/> READ the daily chapter	<input type="checkbox"/> EXODUS 5 DISCOVER CHURCH MON FEB 23	<input type="checkbox"/> EXODUS 11 DISCOVER CHURCH MON MAR 02	<input type="checkbox"/> EXODUS 17 DISCOVER CHURCH MON MAR 09
<input type="checkbox"/> PRAY the daily prayer	<input type="checkbox"/> EXODUS 6 RADICAL PRAYER TUE FEB 24	<input type="checkbox"/> EXODUS 12 RADICAL PRAYER TUE MAR 03	<input type="checkbox"/> EXODUS 18 RADICAL PRAYER TUE MAR 10
<input type="checkbox"/> FAST the 40 days of Lent What are you giving up for Lent?	<input type="checkbox"/> EXODUS 7 SILENT PRAYER WED FEB 25	<input type="checkbox"/> EXODUS 13 SILENT PRAYER WED MAR 04	<input type="checkbox"/> EXODUS 19 SILENT PRAYER WED MAR 11
<input type="checkbox"/> EXODUS 1 SILENT PRAYER WED FEB 18	<input type="checkbox"/> EXODUS 8 RELINQUISHING PRAYER THU FEB 26	<input type="checkbox"/> EXODUS 14 RELINQUISHING PRAYER THU MAR 05	<input type="checkbox"/> EXODUS 20 RELINQUISHING PRAYER THU MAR 12
<input type="checkbox"/> EXODUS 2 RELINQUISHING PRAYER THU FEB 19	<input type="checkbox"/> EXODUS 9 FORMATION PRAYER FRI FEB 27	<input type="checkbox"/> EXODUS 15 FORMATION PRAYER FRI MAR 06	<input type="checkbox"/> EXODUS 21 FORMATION PRAYER FRI MAR 13
<input type="checkbox"/> EXODUS 3 FORMATION PRAYER FRI FEB 20	<input type="checkbox"/> EXODUS 10 REACHING PRAYER SAT FEB 28	<input type="checkbox"/> EXODUS 16 REACHING PRAYER SAT MAR 07	<input type="checkbox"/> EXODUS 22 REACHING PRAYER SAT MAR 14
<input type="checkbox"/> EXODUS 4 REACHING PRAYER SAT FEB 21			

SCAN THE CHAIR: Follow Discover Church on the Bible App to access the reading plan digitally.